



# CITY OF DOVER

## PARKS AND RECREATION

# Fall / Winter

# 2024 - 25

## ACTIVITY &

## PROGRAM GUIDE

City of Dover Parks & Recreation

PO Box 475

Dover, DE 19903

10 Electric Avenue (Schutte Park)

Phone: (302) 674-7541 Open Gym: (302) 736-4443

Email: [parks@dover.de.us](mailto:parks@dover.de.us)

Web: [cityofdover.com/parks-recs-home](http://cityofdover.com/parks-recs-home)

Roger Ridgeway

Director



# FITNESS FOR ADULTS

## Soul Line Dance

Looking for a great way to exercise those extra pounds away, enhance your dance moves, and improve your coordination, all while meeting some great people? Well look no further, **C & K Soul Line Dancing** invites you to join us in learning many of the latest old and new school soul line dances. This is a great way to exercise your mind, body and spirit as you dance your way to a healthier, more fit you. Some examples include Uptown Funk, Spanish Fly, Biker’s Shuffle and Cupids 2 x 4 Shuffle just to name a few. Dress in comfortable clothing and footwear. Also bring your own towel and water and prepare to have an awesome time. Taking place at the **John W. Pitts Recreation Center**. **Activity Fee:** \$35 evening class session *Class dates are subject to change based on instructor availability of C & K Soul.*

Advanced Class - \$35	Intermediate Class - \$35
<b>Activity #:</b> SLA11	<b>Activity #:</b> SLI11
<b>Day:</b> Thursdays	<b>Day:</b> Thursdays
<b>Dates:</b> Oct. 31 – Nov. 21	<b>Dates:</b> Oct. 31 – Nov. 21
<b>Time:</b> 6:30 – 7:30 PM	<b>Time:</b> 7:30 – 8:30 PM
<b>Activity #:</b> SLA12	<b>Activity #:</b> SLI12
<b>Day:</b> Thursdays	<b>Day:</b> Thursdays
<b>Dates:</b> December 5 - 26	<b>Dates:</b> December 5 - 26
<b>Time:</b> 6:30 – 7:30 PM	<b>Time:</b> 7:30 – 8:30 PM



## Dance with “E”ase!

Come out for an exciting evening learning the basics of “Ole School” (partner/couple/hand to hand) dancing. You will learn the Philly Bop, Cha Cha, Strand and the 2 step. Get those arms, legs and feet movin' and groovin' again. Taking place at the **John W. Pitts Recreation Center**. **Activity Fee:** \$30 or \$7 per class

<b>Activity #:</b> DE12	<b>Activity #:</b> DE13	<b>Activity #:</b> DE01
<b>Day:</b> Tuesdays	<b>Day:</b> Tuesdays	<b>Day:</b> Tuesdays
<b>Dates:</b> Oct. 22 – Nov. 26	<b>Dates:</b> December 3 - 17	<b>Dates:</b> Jan. 7 – Feb. 11
<b>Time:</b> 6:30 - 8 PM	<b>Time:</b> 6:30 - 8 PM	<b>Time:</b> 6:30 - 8 PM

**PLEASE NOTE: WE DO NOT OFFER REFUNDS OR CREDITS IF YOU REGISTER FOR A TRIP, CLASS OR PROGRAM AND THEN DO NOT ATTEND. IF THE PARKS & RECREATION DEPARTMENT HAS TO CANCEL A TRIP, CLASS, OR PROGRAM WE WILL MAKE ALL EFFORTS POSSIBLE TO NOTIFY PARTICIPANTS AND A REFUND OR PARKS & RECREATION CREDIT WILL BE ISSUED.**

**Be sure to create an online account with us for easy registration! Get started here:**

<https://cityofdover.recdesk.com/Community/Home>

## DAY TRIPS

**NEW YORK CITY** – Explore and shop the Big Apple on a Saturday. You will be dropped off and picked up in the vicinity of Radio City Music Hall to explore on your own. Departing from Dover promptly **at 7 am** and departing from New York City **at 7 PM**. The motor-coach will leave from the **John W. Pitts Recreation Center**. Sorry, we do not offer refunds if you miss the bus. **Activity Fee: \$75**



*ONLINE REGISTRATION ENCOURAGED!*

**Activity #:** NYC01

**Date:** Saturday, December 7

**Activity Fee:** \$75

**Activity #:** NYC02

**Date:** Saturday, December 14

**Activity Fee:** \$75

## LEISURE TIME ACTIVITIES

### DOVER WALKS



**DoverWALKS**

Promoting healthy lifestyles to our residents, including mature adults, mom's with strollers and walkers of all ages. Our goal is to promote walking while increasing your physical activity, remove barriers of weather & cost, promote walking as a family activity and build community pride. This **FREE\*** program for City residents and seniors is a great way to get healthy, join friends for a walk and make new ones along the way. The **John W. Pitts Recreation Center** features a 1/13<sup>th</sup> mile indoor walking track. So get your sneakers and meet us for a walk. Typical hours are Monday – Friday, 7 am – 9:45 AM. (Activities & Special events may impact these hours.) **For complete details give us a call at 302-674-7541 or come on over and sign up!** *\*Open Gym Fee Schedule applies.*

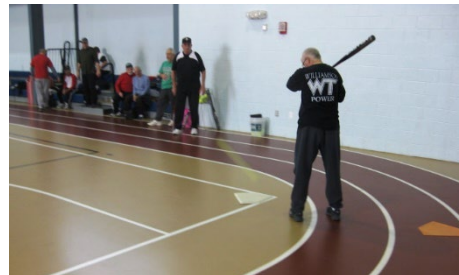


### SENIOR SOFTBALL

Indoor pick-up games are played every **Tuesday and Thursday 10:15 am to 12:15 pm** starting **January 21 through March 13**. The games are open to all **men & women ages 55 and up** and all skill levels are welcomed. There are no try-outs, residency requirements or fees required. Show up, complete the paperwork & play!

The goal of this activity is:

- Everyone plays and bats.
- The emphasis is on fun safe play,
- demonstrating sportsmanship,
- getting some exercise,
- having some laughs,
- enjoying camaraderie,
- and winning,
- ....in that order of importance.



## SENIOR BOCCE BALL

Indoor Bocce Ball is a variation of the popular bocce sport. It involves playing bocce on an indoor carpeted court with rail boards. The benefits of bocce include healthy social interaction, light activity, strategic planning, and friendly competition. Bocce can be played by two people or by two teams of two to four people. The rules of the game are relatively simple. In essence, one player (or team) begins by rolling a smaller ball, known as the “jack,” onto the court. Turns are then taken as each player (or team) attempts to bowl his or her balls closest to the jack. As with many similar activities, the gameplay is easy to learn, but developing strategies and skillful throwing takes time and practice. Participants will be divided into “teams” and will try to be the first to reach a fixed number of points. “Teams” will be drawn each session day to keep the games exciting and create new teams. We will have 2 courts set-up for play. Taking place on Mondays at the **John W. Pitts Recreation Center**. **Activity Fee: \$24**

**Activity #:** Boc  
**Day:** Mondays  
**Dates:** Oct. 21 – Dec. 2\*  
**Time:** 11:00 am - 1:00 pm  
**Activity Fee:** \$24  
**\*No Session Nov. 11**



### *VOLUNTEER COACHES & SMART WHISTLES PROGRAM*

**Volunteers:** We are always in need of volunteer coaches for our leagues. Interested? Contact Steve Pickering, Sports Coordinator, by calling (302) 736-7095.

**Smart Whistles:** As part of our assurance to quality programming and to keep our children safe, we require all volunteers to undergo a background check (We cover the fees associated with the background check.) Protecting our children is paramount to us and we know to you as well.

## YOUTH ACTIVITIES, LEAGUES & SPORTS

*PLEASE NOTE: WE DO NOT OFFER REFUNDS OR CREDITS IF YOU REGISTER FOR A TRIP, CLASS OR PROGRAM AND THEN DO NOT ATTEND. IF THE PARKS & RECREATION DEPARTMENT HAS TO CANCEL A TRIP, CLASS, OR PROGRAM WE WILL MAKE ALL EFFORTS POSSIBLE TO NOTIFY PARTICIPANTS AND A REFUND OR PARKS & RECREATION CREDIT WILL BE ISSUED.*

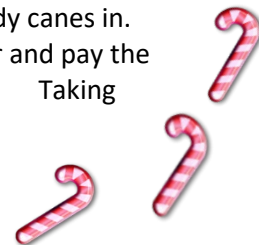
### CANDY CANE HUNT

### Family

Enjoy an evening of family fun hunting **candy canes**! Join us for a slice of pizza and then it’s off to hunt for all types of candy canes. Bring a flashlight & something to gather your candy canes in. Pre-registration is mandatory. All participating members of the family must register and pay the activity fee. Space is limited! Make this even more fun, get a friend to sign up, too! Taking place at the **John W. Pitts Recreation Center** from **6:30 – 8 PM**. **Activity Fee: \$10**

**Activity #:** HA1  
**Day:** Friday

**Time:** 6:30 – 8 PM  
**Date:** December 6



**BREAKFAST WITH SANTA**

**4 – 10 Years**

Start off the holiday season with a delicious breakfast and visit from a very special guest! This fun-filled morning will feature Christmas music & carols, crafts, and a kid friendly breakfast. Most importantly, Santa will be here for Christmas wishes and photos. *(Sorry mom & dad breakfast is for kids only.)* **Pre-Registration is mandatory** as limited seating is available, sign-up, now! Held at the **John W. Pitts Recreation Center** from **9 – 10:30 AM. Activity Fee: \$10**

**Activity #:** HA2  
**Day:** Saturday

**Time:** 9 – 10:30 AM  
**Date:** December 7



**A NIGHT AT THE POLAR EXPRESS**

**Family**

It's family movie night at the **John W. Pitts Recreation Center!** Come out in your comfy clothes & bring your pillows to watch The Polar Express with us on the big screen! Hot chocolate & cookies will be served. Parents are free, however all children must register individually. Make this even more fun, get a friend to sign up, too! **Show time: 6:30 PM** and will run until the movie ends. **Activity Fee: \$10**

**Activity #:** HA3  
**Day:** Friday

**Time:** 6:30 PM  
**Date:** December 13



**DROP N' SHOP**

**6 – 12 Years**

Do you have holiday parties to attend, company coming to visit, shopping to finish, gift wrapping & need bows? Drop your kids off for a great night of fun while you finish all holiday details! Includes the evening activity of either the Candy Cane Hunt or Night at the Polar Express and a pizza with drink as a snack. Make this even more fun, get a friend to sign up, too! Taking place **John W. Pitts Recreation Center. Activity Fee: \$20**

**Activity #:** HA4  
**Time:** 6 - 9 PM  
**Day:** Friday  
**Date:** December 6

**Activity #:** HA5  
**Time:** 6 - 9 PM  
**Day:** Friday  
**Date:** December 13

**TAE KWON DO**

**Ages 4 – 18 years**

Five Star Tae Kwon Do provides services to improve fitness for self-defense. The program empowers self-esteem, discipline, honor, self-control, respect, courtesy, perseverance and loyalty. The class instills individuals both mentally and physically. **(NOT MANDATORY: Uniform fee is not included in activity fee, and will be paid directly to the instructor.)** Taking place at the **John W. Pitts Recreation Center. Activity Fee: \$50**

**Activity #:** TKA (Ages 4 – 6 yrs)  
**Days:** Tuesdays and Fridays  
**Dates:** Jan. 7 – Feb. 28  
**Time:** 5 – 6 PM

**Activity #:** TKB (Ages 7 and up)  
**Days:** Tuesdays and Fridays  
**Dates:** Jan. 7 – Feb. 28  
**Time:** 6 – 7:30 PM

**Activity #:** TKA (Ages 4 – 6 yrs)  
**Days:** Tuesdays and Fridays  
**Dates:** March 11 – May 2  
**Time:** 5 – 6 PM

**Activity #:** TKB (Ages 7 and up)  
**Days:** Tuesdays and Fridays  
**Dates:** March 11 – May 2  
**Time:** 6 – 7:30 PM

**BE AN EARLY BIRD**

Please register at least ONE full week prior to the start date noted. Waiting until the last minute to register may mean that you miss out on a great class due to the class being full or canceled due to lack of participants. Sign-up Early! Online registration is encouraged.

Be sure to create an online account with us for easy registration! Get started here:  
<https://cityofdover.recdesk.com/Community/Home>

**FRIDAY NIGHT SOCCER**

**Birth Years 2014 – 2020**

Soccer fun on **Friday** nights at the **John W. Pitts Recreation Center**. This is not a league, no assigned teams just soccer fun. Space is limited to just 32 participants per age division. Shin guards are required. Online registration encouraged!  
**Activity Fee: \$30**

**Dates:** January 10 – February 14      **Day:** Fridays

**Division Information**

Mites (birth years: 2018, 2019 & 2020)	5:30 - 6:20 PM
PeeWee (birth years: 2016 & 2017)	6:30 - 7:20 PM
Bantam (birth years: 2014 & 2015)	7:30 - 8:20 PM

## COMMUNITY EVENTS



Please donate – donations benefit families in your community! Beginning **November 1 thru December 5**, non-perishable food will be collected & distributed to our local food banks. Join us in looking through the pantry or picking up an extra can or two of your favorites to donate. Donation boxes will be available at these **City of Dover locations: City Hall, Weyandt Hall, Dover Public Library and the John W. Pitts Recreation Center.**

## ***Capital Holiday Festival***

***December 5***

Bring the family downtown and help us kick off the Holiday Season with our annual tree lighting including special guests & of course, the most popular man of the season – Santa!!

***Food Drive donation station will be set up on Lookerman Street. 5 – 8 PM Downtown Dover***

Be sure to create an online account with us for easy registration! Get started here:  
<https://cityofdover.recdesk.com/Community/Home>

*Just some notes....*

*Please note at the time of this printing all information was as accurate as possible, however there are times we have to make changes to ensure the best quality programming for our customers that are practicable for the City of Dover Parks & Recreation Department.*

**ONLINE Registration is strongly encouraged!**

<https://cityofdover.recdesk.com/community/home>

**Youth Participation in Fitness Programs:** Youth ages 12 to 18 may enroll in any class, unless noted otherwise, as long as a parent is enrolled in the class and in attendance.

Should you have any questions, please call us at (302) 674-7541 or visit us on the web at:  
[www.cityofdover.com/parks-recs-home](http://www.cityofdover.com/parks-recs-home) or stop by the John W. Pitts Recreation Center located at 10 Electric Ave, Dover (Schutte Park).

We're on Facebook – find us at 'City of Dover Recreation'

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# Friday Night Soccer

## Youth Indoor Soccer

Eligible Birth Years: 2014 - 2020



### Friday Nights

January 10 - February 14, 2025

John W. Pitts Recreation Center



Activity Fee: \$30

Each division is limited to 32 participants.

This is not a league, there are no practices or assigned teams.

Shin guards are required.

ONLINE Registration strongly encouraged!!

<https://cityofdover.recdesk.com/Community/Member/Login>

City of Dover Parks & Recreation  
John W. Pitts Recreation Center

10 Electric Avenue  
Dover DE 19904  
(302) 674-7541

### Division Information

Mites (birth years: 2018, 2019 & 2020)	5:30 - 6:20 PM
PeeWee (birth years: 2016 & 2017)	6:30 - 7:20 PM
Bantam (birth years: 2014 & 2015)	7:30 - 8:20 PM



# Lots Of Fun



# Girls Volleyball League

## **Girls Volleyball League**

**5th - 8th grades**

Our girl's volleyball league offers girls of all skill levels a platform to refine their volleyball skills and reach their full potential in a stimulating and supportive space. Practices will be held one night a week with all games being scheduled on Saturday afternoons taking place at the **John W. Pitts Recreation Center**.

Team t-shirts will be provided. Knee pads are optional. Practices will start on January 9 and games will start January 18. Team assignments & game schedule will be available closer to start date.

Volunteer coaches are needed. Contact Connie Johnson via email at [cjohnson@dover.de.us](mailto:cjohnson@dover.de.us) or give her a call at (302) 674-7541.

**Activity #:** VB - Girls Volleyball

**Practice Day:** Thursday Evenings

**Game Day:** Saturday Afternoons

**Dates:** January 9 - February 22

**Practice Time:** 5:45 or 6:45 PM

**Game Time:** Saturday Afternoons

**Activity Fee:** \$40

### **ONLINE REGISTRATION:**

<https://cityofdover.recdesk.com/Community/Home>

**To pay by cash/check, visit us at the John W Pitts Recreation Center  
(Schutte Park)**

**City of Dover Parks & Recreation: (302) 674-7541**

**Registration opens October 1, 2024**



# City of Dover Parks & Recreation

## Youth Winter Basketball League

for youth born in 2011 - 2019



Divisions are based on birth year.

Our co-ed youth basketball league is geared for fun and an exciting way to learn the fundamentals of basketball. The league fills quickly, so sign up fast! One weeknight practice and games scheduled for Saturdays. All taking place at the John W. Pitts Recreation Center. (League dates are subject for change.)

- **Activity Fee: \$50**
- **Practices will begin the week of December 9, 2024**
- **Games will begin January 4, 2025**



### Age Divisions & Practice Nights

Pee Wee Division	Youth born in 2018 & 2019	Practice Night: Mondays
Bantam Division	Youth born in 2016 & 2017	Practice Night: Tuesdays
Intermediate Division	Youth born in 2014 & 2015	Practice Night: Wednesday
Junior Division	Youth born in 2011, 2012 & 2013	Practice Night: Mondays

[Register Online](https://cityofdover.recdesk.com/Community/Home)

<https://cityofdover.recdesk.com/Community/Home>

For additional information, please call 302-674-7541

**Registration Opens: October 1, 2024**



**Volunteer Coaches are needed for our Youth Basketball League.**

If interested, please call Connie Johnson, Sports Coordinator, at 302-674-7541 or email: [cjohnson@dover.de.us](mailto:cjohnson@dover.de.us) All coaches are required to go through a background check.

# Recreation - Registration Information

## Registration Highlights

- \* Registrations must include full payment with completed & signed registration form.
- \* No refunds or credit certificates will be given unless Recreation staff cancel the activity.
- \* If you miss your activity, we do not offer credits or refunds.
- \* No credits/discounts on late activity registrations.

## Program Cancellation

Programs are subject to cancellation if the minimum requirement is not met.

## Registration Process

Registrations are accepted at the John W. Pitts Recreation Center, over the phone, and by mail. Registration is required & all fees must be paid prior to participation in a program. Many programs fill quickly, so we encourage early registration.

## Credit Cards/Checks - NSF

Credit card transactions and/or checks that are returned for non-payment will result in a \$40 Charge Back/NSF fee.

## Cancellation/Relocation Information Line

Weather conditions have you wondering if a City of Dover Recreation Division event is still taking place? Just call 736-7155 for updated program information!



## Building & Pavilion Rentals

JWP Recreation Center has rental space available for meetings & special occasions. Also, pavilion rentals are available in Dover Park, Schutte Park, and Silver Lake Park. A minimum of two (2) weeks notice is necessary for these rentals. For a complete list of rules, rate information, and date availability, give the City of Dover Recreation Division a call at (302) 674-7541.

## Oops! Oops!! Oops!!!

At the time of print, we deem all information to be correct. We strive to be as accurate as possible; however, programs and program information is subject to change without notice.

## Don't miss out!

Nothing cancels a great activity quicker than participants waiting until the last minute to register. **If the minimum registration requirement is not met 1 week prior to the start date the program is subject to cancellation.** Calling the day before or even showing up the day of the activity to sign-up won't save the program! **Register Early!**

Open Gym Hot Line  
736-4443 updated daily,  
call to get today's open  
gym times at the  
Pitts Center!

## Help Take Care of the Parks

Keeping our City of Dover Park areas beautiful, clean, and safe starts with YOU!

- Report graffiti to 302-674-7541
- Pick up after Fido
- Respect park grounds
- Clean up your trash
- Keep music on low volume
- No driving on the grass
- Park Hours: Dawn to Dusk

Following these rules will help keep our parks enjoyable all year long!



## BUS TRIP POLICY

- ⇒ Registrations must be received before the deadline.
- ⇒ Trips are subject to cancellation for inclement weather. *(We will attempt to notify participants in this case.)*
- ⇒ Trips are subject to cancellation if the minimum participant requirement is not met.
- ⇒ Registrations accepted on a first-paid first-served basis.
- ⇒ Travel times are approximate.
- ⇒ The bus will NOT wait for you.
- ⇒ Those under 18 years must be accompanied by an adult.
- ⇒ No stops will be made for individual needs.
- ⇒ No refunds if you cancel your trip or fail to show.

## Disability Related Accommodations

If you would like to participate in these activities & require disability related accommodations, please call our office at (302) 736-7050. You may reach TTY/TDD operator services by dialing 1-800-855-1155.

# ACTIVITY REGISTRATION FORM

**\*\*\*Please read the Registration Highlights on the Information Page before registering.\*\*\***

<b>ADULT PARTICIPANT/CHILD (UNDER 18) GUARDIAN INFORMATION</b>				<b>Please print and fill out completely</b>	
First Name	MI	Last Name	Date of Birth		
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>		
Mailing Address					
<input type="text"/>					
City,	State	Zip	Parent/Guardian		Date of Birth
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>		<input type="text"/>
Primary Phone Number			Secondary Phone Number		
<input type="text"/>			<input type="text"/>		
Dover Resident <input type="checkbox"/> Non-Resident <input type="checkbox"/> Yes, send me email updates to: How did you hear about us: Friend Website Program Guide Other					
<b>Does your child have any allergies?</b>					
<input type="text"/>					

**PARTICIPANT #1**

First Name	MI	Last Name	Sex	Birth Date (mm-dd-yy)	Age	Grade
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
ACTIVITY #	ACTIVITY NAME		ACTIVITY FEE			
<input type="text"/>	<input type="text"/>		<input type="text"/>			
<input type="text"/>	<input type="text"/>		<input type="text"/>			

**PARTICIPANT #2**

First Name	MI	Last Name	Sex	Birth Date (mm-dd-yy)	Age	Grade
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
ACTIVITY #	ACTIVITY NAME		ACTIVITY FEE			
<input type="text"/>	<input type="text"/>		<input type="text"/>			
<input type="text"/>	<input type="text"/>		<input type="text"/>			

<b>Payment Amount &amp; Type</b>	
Total Due: _____	Checks to: City of Dover
<b>Payment Amount &amp; Type</b>	
Cash	Check MC/Visa/Disc Other <i>Please circle</i>

**Submit your registration by:**  
**Mail:** City of Dover Recreation, 10 Electric Ave., Dover, DE 19904  
**Fax:** w/Credit Card Info.: 302-678-2674  
**Phone:** w/Credit Card Info.: 302-674-7541

**ONLINE REGISTRATION RECOMMENDED**

<https://cityofdover.recdesk.com/Community/Home>

**RELEASE STATEMENT:**

I understand that the City of Dover provides no medical coverage for participants unless specified, and that all bills which may be incurred as a result of an activity-related injury are my responsibility. I hold harmless the City of Dover and all other parties involved in the conduction of these activities. I agree that any photographs taken during the event shall become and remain the property of the City of Dover, and that the City of Dover shall have the right to use such photographs and/or films whenever so desired free of any claims on my behalf.

\_\_\_\_\_  
 Signature of adult participant /If under 18, parent/legal guardian      Date

**If you would like to participate in these activities and need disability related accommodations, please call 302-674-7541. You may reach TTY/TDD operator services by dialing 1-800-855-1155.**